

Finance advice:

We run monthly finance drop-ins which are aimed at giving advice on specific topics. Additionally, we have two finance and welfare advisors that can give 1:1 support. For more details please contact jacquie@sebastiansactiontrust.org or fehmidam@sebastiansactiontrust.org

Wellbeing Therapies

Every fortnight on a Thursday we provide wellbeing to families giving you a much needed chance to relax. To book a relaxing treatment please call us.

Music Therapy:

For children with serious illnesses and their siblings we can offer music therapy sessions as a way for children to express their feelings through a creative medium. Speak to your Outreach Worker to have your child referred for this.

Youth Support Services:

The team provide social activities for seriously-ill children and their siblings. Additionally we can provide 1:1 emotional and practical support



Sebastian's Action Trust



The Queen's Award
for Voluntary Service

Family Outreach Hub

Here for families of seriously-ill children. Always

Sebastian's Action Trust

Family Outreach Hub

113 Whitby Road, Slough, Berkshire, SL1 3DR
T: 01753 379380
E: familyservices@sebastiansactiontrust.org

Opening Hours:

Monday: 9:30 – 6:00
Tuesday: 9:30 – 6:00
Wednesday: 9:30 – 6:00
Thursday: 9:30 – 6:00
Friday: 9:30 – 6:00
Saturday 10:00-4:00 (twice a month)

www.sebastiansactiontrust.org

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The Hub - A place to drop-in, have fun and unwind

The Hub is primarily available to our Berkshire, Surrey and Buckinghamshire families as a drop-in centre where they can access many forms of emotional, practical and social support.

This includes advice and guidance, assistance with exploring funding options for specialist equipment and services, access to wellbeing and music therapy, bereavement care and a whole host of activities for both sick children and their siblings.

The Hub is a safe, comforting environment where troubles can be shared, solutions to problems identified and stresses can be alleviated. Since its opening, many of the families we support have enjoyed chill and chat sessions, themed parties, cinema evenings, wellbeing treatments, art and drama workshops as part of a continually evolving programme of events

"...being always made to feel welcome at the Hub. She was so excited to see the Hub for the first time and was overwhelmed with amount of activities that were there. She enjoyed playing with the air hockey table, on the football table, tried playing pool and all the other activities at the Hub" - SAT family



Upcoming Events at the Hub for Kids 2016

January

30th Kids and Dads Day— a day filled with fun activities for kids and dad's to play.

February

18th Bake it With Love - please come along to our bake it with love coffee morning and enjoy a piece of cake and coffee. Cake donations are welcomed.

April

2nd International Food Day—all ages welcome. Food donations are welcome for the feast

30th Teen Pamper Day—girls aged 11-18yrs old are invited to have their hair and nails done.

May

7th Dance Workshop—all ages welcome to come along and learn a special needs adapted dance routine.

Upcoming Events at the Hub for Kids 2016

July

28th Art and Dance Workshop— whether you like to dance or create there will be activities for all ages available.

August

16th LEGO Club—come along to our LEGO club and join in our creative activities

September

3rd Career and Cooking Support workshop—aimed at young people to learn career and cooking skills

November

12th Christmas Crafts—adapted arts for all ages. A fun family day.

For information on all the children's activities please pick up our annual calendar.

For information on our activities for parents please pick up the parents event calendar.

