

Who are we

Sebastian's Action Trust provides specialist respite holidays together with practical and emotional support for seriously-ill children and their families.

We are a family-led charity that strives to address the unmet needs of those we support. Our aim is to walk alongside families, from diagnosis through treatment and beyond.

We primarily offer this support to families from Berkshire, Hampshire, Surrey, Buckinghamshire, Oxfordshire and Wiltshire. However we are happy to welcome families from outside these areas.

The Bluebells

We recognise how much seriously-ill children need opportunities to enjoy normal pleasures in the company of family and loved ones, which is why we offer respite breaks all year round at The Bluebells.



The Bluebells is located in the beautiful village of North Waltham in Hampshire and now provides respite holiday breaks to over 300 families with seriously-ill children each year.

Family Services

Our Family Services team offer a service in the family home and local community which is flexible yet tailored to the needs of each family member, including the parents, siblings, grandparents and other significant carers. We understand that a young person's illness or disability impacts on the entire family and offer support for individual members as well as the whole family group.



"We think The Bluebells is an absolutely amazing place to have a holiday, it's a place where you can relax and do things as a family and enjoy precious time together. We cannot wait for our next holiday together here!"

For more information about how you can support Sebastian's Action Trust please contact:

Sebastian's Action Trust

The Woodlands, Upper Broadmoor Road, Crowthorne, Berkshire RG45 7FN

Tel: **01344 622500**

Email: info@sebastiansactiontrust.org



Sebastian's Action Trust is a registered charity no.: 1151146 and a company limited by guarantee no.: 8339436. Registered address: The Bluebells, Popham Lane, North Waltham, Hampshire, RG25 2BB. © 2014 Sebastian's Action Trust



Sebastian's Action Trust

Regular Giving

Here for families of seriously-ill children. Always

A little each month makes a big difference



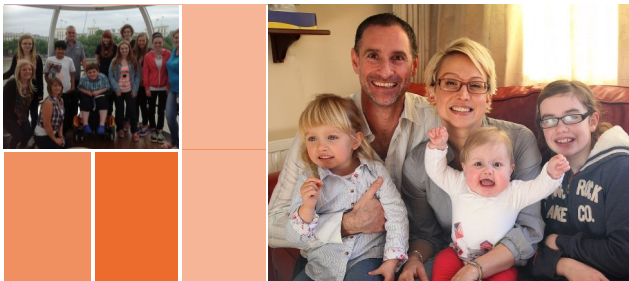
Lots of people giving a little can really help a lot!

You can make a real difference to seriously-ill children and their families by choosing to support us on a regular basis through a standing order.

Regular giving by standing order is a valuable source of income for the Trust which helps us plan and develop our service provision with confidence. You could choose to give as much or as little as you would like. Every pound helps.

- Regular donations enable us to plan our services in the long term, secure in the knowledge that we can rely on this income.
- Automated regular giving payments help us to save on administration, ensuring that more of your money can be spent on the families that need us.

Sebastian's Action Trust does not receive any government funding and we are entirely reliant upon charitable support. With your help we can continue to give support where, when and how it is needed.



Every Penny Counts.

Every penny and pound donated is truly appreciated, because we know it will help us to continue our work in supporting families with seriously-ill children.

£5 per month, that's £60 a year to pay for:

- a child with a sick brother or sister to enjoy time with other siblings in similar situations on a special Sibling Activity Day. This can help to allay feelings of displacement and isolation
- an at home well-being therapy session for a parent of seriously-ill children to ease the stresses of 24/7 primary care
- a selection of books that put serious illnesses like cancer and leukaemia into words that young children can understand.

£10 per month, that's £120 a year to pay for:

- a psychologist for one day at a hospital caring for very sick children. By funding this post we are helping families to face the harrowing treatment for life-threatening illness.

£20 per month, that's £240 a year to pay for:

- our 'Chill and Chat' parent support group for 3 months
- a family to spend a 'Reflections' weekend with other bereaved families, enabling parents and siblings to meet others who have faced similar tragedy
- towards the £2,500 cost to run The Bluebells so that 2 families can have a respite break for a week
- towards the £10,000 annual running costs of our indoor hydrotherapy.

Make a donation Please PRINT your details clearly

Please complete this form and the standing order instruction below and send to: Sebastian's Action Trust, Unit 8, Tanners Yard, London Road, Bagshot, Surrey, GU19 5HD

Full Name:

Full Postal Address

Postcode:

Telephone Number:

Email Address:

I got this leaflet from:

We would like to keep you informed about our initiatives. If you do not wish to receive our newsletter and other information by post, tick here . If you would like to receive this information by email, please tick here .

giftaid it If you are a UK tax payer and would like us to treat this, future and past donations to Sebastian's Action Trust as Gift Aid payments, enabling us to claim a further 25p for every pound (with no further additional cost to you) please sign here: *I understand I must pay an amount of income and/or capital gains tax at least equal to the tax that the charity reclaims on my donations in the tax year.*

Signature:

Date:

Bank Standing Order Instruction

To: **(Your bank's name and full address)**

Your bank account number:

Your bank sort code:

Name of account holder:

Please pay £ _____ until further notice, on the first working day of each month, commencing on the first day of _____ (MM/YY)

Your signature:

Date:

For office use only

Please use reference:

For the credit of: **Sebastian's Action Trust**

Account number:

Sort Code:

Bank: